

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of

coverage, visit Member Online Services at www.HorizonBlue.com/members or by calling 1-800-355-BLUE(2583). If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, HorizonBlue.com/sample-benefit-booklets. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-355-BLUE(2583) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?		Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes, For in-network Health providers \$800.00 Individual/ \$1,600.00 Family. For out-of-network Health providers \$5,000.00 Individual/ \$12,500.00 Family. Aggregate family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?		Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of in-network provider , see www.HorizonBlue.com or call 1-800-355-BLUE (2583).	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No. You don't need a <u>referral</u> to see a <u>specialist</u> .	You can see the <u>specialist</u> you choose without a <u>referral</u> .

(008507M:0010,0011,0012) (Direct Access) M/PM 1 of 11

Common	What You Will F		ı Will Pay		
Medical Event	Services You May Need	Network Provider (You will pay the least)	(You will pay the least) Provider(You will pay the most)		
	Primary care visit to treat an injury or illness	Copayment per visit applies only to Office Visit Telemedicine.	Office after deductible.	Telemedicine is a covered benefit only when provided through Horizon BCBSNJ's designated telemedicine provider.	
	<u>Specialist</u> visit	\$30.00 Copayment per visit for Office; Specialist. \$15.00 Copayment per visit applies only to Office Visit Telemedicine.	Office after deductible.		
	Preventive care/screening/immunization	No Charge.	30% Coinsurance for Office. <u>Deductible</u> does not apply.	One per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge for Office, Outpatient Hospital, Independent Laboratory.	30% Coinsurance for Office, Outpatient Hospital, Independent Laboratory after deductible.	Molecular and genomic testing are subject to pre-service and post-service medical necessity review.	
	Imaging (CT/PET scans, MRIs)	No Charge for Outpatient Hospital.	30% Coinsurance for Outpatient Hospital after deductible.	Requires pre-approval; 30% penalty applies for non-compliance.	
If you need drugs to	Generic drugs	Not Covered.	Not Covered.	none	
treat your illness or condition	Preferred brand drugs	Not Covered.	Not Covered.		
	Non-preferred brand drugs	Not Covered.	Not Covered.		
	Specialty drugs	Not Covered.	Not Covered.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge for Outpatient Hospital, Ambulatory Surgical Center.	30% Coinsurance for Outpatient Hospital, Ambulatory Surgical Center after deductible.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review.	

Common What You Will Pay			ı Will Pay	Pay	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Physician/surgeon fees	No Charge for Outpatient Hospital, Ambulatory Surgical Center.	30% Coinsurance for Outpatient Hospital, Ambulatory Surgical Center after deductible.	30% <u>Coinsurance</u> after deductible for out-of-network anesthesia.	
If you need immediate medical attention	Emergency room care	\$100.00 Copayment per visit for Outpatient Hospital.	Hospital. <u>Deductible</u> does not apply.	Copay waived if admitted within 24 hours. Payment at the in-network level of benefits applies only to emergency room medical emergencies and accidental injuries.	
	Emergency medical transportation	10% Coinsurance.	30% Coinsurance after deductible.	none	
	Urgent care	\$30.00 Copayment per visit for Office. Specialist.	30% Coinsurance for Office after deductible.	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge for Inpatient Hospital.	admission and 30% Coinsurance for Inpatient	Requires pre-approval; 30% penalty applies for non-compliance. In-network & Out-of-network inpatient separation period is 90 days.	
	Physician/surgeon fees	No Charge for Inpatient Hospital.	Inpatient Hospital after deductible.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review. 30% Coinsurance after deductible for out-of-network anesthesia.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge for Outpatient Hospital.	30% Coinsurance for Outpatient Hospital after deductible.	none	
abuse services	Inpatient services	No Charge for Inpatient Hospital.	admission and 30% Coinsurance for Inpatient	Requires pre-approval; 30% penalty applies for non-compliance. In-network & Out-of-network inpatient separation period is 90 days.	
If you are pregnant	Office visits	\$20.00 Copayment per visit for Office. \$30.00 Copayment per visit for Office. Specialist.	Office after deductible.	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. Ultrasound).	

Common		What Yo		
Medical Event	Services You May Need	Network Provider (You will pay the least)	Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	No Charge.	30% Coinsurance after deductible.	none
	Childbirth/delivery facility services	No Charge for Inpatient Hospital.		In-network & Out-of-network inpatient separation period is 90 days.
If you need help recovering or have	Home health care	No Charge.	30% Coinsurance after	Requires pre-approval; 30% penalty applies for non-compliance.
other special health needs	Rehabilitation services	No Charge for Inpatient Hospital.	admission and 30%	Requires pre-approval; 30% penalty applies for non-compliance. In-network & Out-of-network inpatient separation period is 90 days.
	Habilitation services	No Charge for Inpatient Hospital.	\$500.00 Copayment per admission and 30% Coinsurance for Inpatient Hospital after deductible.	
	Skilled nursing care	No Charge for Inpatient Facility.	Inpatient Facility after deductible.	Requires pre-approval; 30% penalty applies for non-compliance. In-network inpatient skilled nursing facility days are limited to 120 days. Out-of-network inpatient skilled nursing facility days are limited to 60 days.
	Durable medical equipment	10% Coinsurance.		Prior authorization required for DME purchases over \$500. 30% penalty applies for non-compliance.
	Hospice services	No Charge for Inpatient Facility.	30% Coinsurance for Inpatient Facility after deductible.	Requires pre-approval; 30% penalty applies for non-compliance.
If your child needs dental or eye care	Children's eye exam	\$30.00 Copayment for Office. Specialist.		In-network routine vision exam visit limit. Coverage is limited to 1 visit innetwork.
	Children's glasses	Not Covered.	Not Covered.	none
	Children's dental check-up	Not Covered.	Not Covered.	none

Excluded Services & Other Covered Services:

Chiropractic care

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Long Term Care
- Dental care (Adult)

- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Hearing Aids (Only covered for Members age 15 or younger)
- Infertility treatment
- Non-emergency care when traveling outside the U.S. See www.HorizonBlue.com

Most coverage provided outside the

United States. See

www.HorizonBlue.com

Private-duty nursing

Routine eye care (Adult)

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

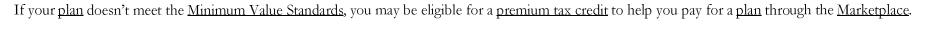
There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-355-BLUE (2583) or visit <u>www.Horizonblue.com</u>. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. You may also contact the NJ Department of Banking and Insurance Consumer Protection Services at 1-888-393-1062 ext 50998.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

----To see examples of how this plan might cover costs for a sample medical situation, see the next section.----

Does this plan meet the Minimum Value Standards? No



About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

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The plan's overall deductible	\$0.00
 Specialist Copayment 	\$30.00
Hospital (facility) Coinsurance	0%
Other <u>Coinsurance</u>	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

In this example, Peg would pay:

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$0.00
 Specialist Copayment 	\$30.00
• Hospital (facility) Coinsurance	0%
Other <u>Coinsurance</u>	10%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease Emergency room care (including medical supplies) education) Diagnostic tests (blood work) Prescription drugs

\$7,400.00

Durable medical equipment (glucose meter)

Total Example Cost

In this example, Joe would pay:

Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0.00
 Specialist Copayment 	\$30.00
 Hospital (facility) <u>Coinsurance</u> 	0%
Other <u>Coinsurance</u>	10%

This EXAMPLE event includes services like:

Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$12,800.00

Cost Sharing		Cost Sharing	
Deductibles	\$0.00	Deductibles	\$0.00
Copayments	\$0.00	Copayments	\$140.00
Coinsurance	\$0.00	Coinsurance	\$170.00
What isn't covered		What isn't covered	
Limits or exclusions	\$100.00	Limits or exclusions	\$4,310.00
The total Peg would pay is	\$100.00	The total Joe would pay is	\$4,620.00

Total Example Cost	\$1,900.00

In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$0.00	
Copayments	\$110.00	
Coinsurance	\$20.00	
What isn't covered		
Limits or exclusions	\$810.00	
The total Mia would pay is	\$940.00	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



If you need help understanding this Horizon Blue Cross Blue Shield of New Jersey information, you have the right to get help in your language at no cost to you. To talk to an interpreter, please call **1-800-355-BLUE (2583)** during normal business hours.

Spanish (Español): Si necesita ayuda para comprender esta información de Horizon Blue Cross Blue Shield of New Jersey, usted tiene el derecho de obtener ayuda en su idioma sin costo alguno. Para hablar con un intérprete, sírvase llamar al 1-855-477-AZUL (2985) durante el horario normal de trabajo.

Chinese (中交): 如果您需要幫助來理解這份新澤西州地平線藍十字藍盾 (Horizon Blue Cross Blue Shield of New Jersey)資料,您有權免費獲得以您的語言提供的協助。欲聯絡翻譯人員,請於上班時間致電 1-800-355-BLUE (2583)。

Korean (한국어): 가입자는 Horizon Blue Cross Blue Shield of New Jersey에 관한 정보를 이해하기 위해 주로 사용하는 언어로 무료로 도움을 받을 권리가 있습니다. 통역사의 도움을 받으려면 정상 업무 시간 동안에 1-800-355-BLUE (2583)로 전화해 주십시오.

Portuguese (Português): Se precisar de ajuda para entender estas informações da Horizon Blue Cross Blue Shield of New Jersey, você tem o direito de receber gratuitamente assistência no seu idioma. Para falar com um intérprete, ligue para: **1-800-355-BLUE (2583)** no horário normal de trabalho.

Gujarati (ગુજરાતી): જો તમને આ ન્યુ જર્સી માહિતીનાં હોરાઈઝન્સ બ્લૂ ક્રોસ બ્લૂ શીલ્ડને સમજવા મદદની જરૂર હોય તો, તમને તમારી ભાષામાં કોઇ પણ ખર્ચ વગર મદદ મેળવવાનો અધિકાર છે. કોઈ દુભાષિયા સાથે વાત કરવા, કૃપા કરીને સામાન્ય બિઝનેસ ક્લાકો દરમિયાન 1-800-355-BLUE (2583) પર ફ્રોન કરો.

Polish (Polski): Jeżeli potrzebujesz pomocy, aby zrozumieć informacje planu Horizon Blue Cross Blue Shield of New Jersey, masz prawo poprosić o bezpłatną pomoc w języku ojczystym. Aby skorzystać z pomocy tłumacza, zadzwoń pod numer 1-800-355-BLUE (2583) podczas normalnych godzin pracy.

Russian (Русский язык): Если вам необходима помощь в разъяснении этой информации, предоставленной компанией Horizon Blue Cross Blue Shield of New Jersey, у вас есть право на получение помощи на вашем родном языке бесплатно. Для связи с переводчиком звоните по номеру телефона 1-800-355-BLUE (2583) в обычные рабочие часы.

Haitian Creole (Kreyòl ayisyen): Si ou bezwen èd pou konprann enfòmasyon sou Horizon Blue Cross Blue Shield of New Jersey, ou gen dwa pou jwenn èd nan lang natifnatal ou gratis. Pou pale avèk yon entèprèt, tanpri rele nimewo 1-800-355-BLUE (2583) pandan lè nòmal biznis.

Hindi (हिंदी): यदि आपको न्यू जर्सी की इस होराइज़न ब्लू क्रॉस ब्लू शील्ड सूचना को समझने में सहायता की ज़रूरत है, तो आपके पास मुफ्त में अपनी भाषा में सहायता पाने का अधिकार है। किसी दुआषिए से बात करने के लिए, कृपया सामान्य कार्य समय के दौरान 1-800-355-BLUE (2583) पर कॉल करें।

Vietnamese (Tiếng Việt): Nếu cần được giúp đỡ để hiểu rõ thông tin này của Horizon Blue Cross Blue Shield of New Jersey, quý vị có quyền được giúp đỡ bằng ngôn ngữ của mình miễn phí. Xin gọi số **1-800-355-BLUE** (**2583**) trong giờ làm việc để nói chuyện với người thông dịch.

French (Français): Si vous avez besoin d'assistance pour comprendre ces informations au sujet de Horizon Blue Cross Blue Shield of New Jersey, vous avez le droit d'obtenir de l'aide dans votre langue, sans aucun frais. Pour parler avec un interprète, veuillez appeler le 1-800-355-BLUE (2583) pendant les heures normales de bureau.

Navajo (Diné): Díí New Jersey bił hahoodzo Horizon Blue Cross Blue Shield, t'áá ninizaad k'ehjí baa hane'íí bik'i diitijh bee shiká' a'doowoł nínízingo éí bee ná'ahoot'i' dóó doo bááh ílíní da. Ata' halne'é ła' bich'j' hadeesdzih nínízingo t'áá shoodí 1-800-355-BLUE (2583)ji' nida'anishgo oolkilíí bik'ehgo hodíilnih.

Arabic (عربي): إذا كنت بحاجة إلى المساعدة في فهم معلومات Horizon Blue Cross Blue Shield of New Jersey الديك الحق في الحصول على المساعدة بلغتك دون تحملك أية تكلفة, للتكلم مع مترجم، يرجى الإتصال خلال ساعات العمل العادية بالرقم (2583) L-800-355-BLUE.

Urdu (اردو): اگر آپ کو نیوجرسی اتفار میشن کے اس آسمائی نیلے رنگ والے تیز نیلے رنگ والے شیلاً کو سمجھنے میں مدد کی ضرورت ہے تو، آپ کو اپنی زبان میں بغیر کسی خرچ کے مدد حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لیے، براہ کرم، معمول کے کاروباری اوقات میں (2583) LLUE-355-BLUE پر کال کریں۔ Italian (Italiano): Se vi serve aiuto per capire queste informazioni della Horizon Blue Cross Blue Shield of New Jersey, avete diritto ad assistenza gratis nella vostra lingua. Per parlare con un interprete, siete pregati di telefonare al numero 1-800-355-BLUE (2583) durante le normali ore d'ufficio.

Tagalog (Tagalog): Kung kailangan mo ng tulong sa pag-unawa nitong impormasyon ng Horizon Blue Cross Blue Shield of New Jersey, may karapatan kang humingi ng tulong sa iyong wika nang walang gastos sa iyo. Upang makipag-usap sa isang taga-interpret, mangyaring tumawag sa 1-800-355-BLUE (2583) sa loob ng karaniwang mga oras ng negosyo.

CMC0007942 (0518)

An Independent Licensee of the Blue Cross and Blue Shield Association.



Notice of Nondiscrimination

Horizon Blue Cross Blue Shield of New Jersey complies with applicable Federal civil rights laws and does not discriminate against nor does it exclude people or treat them differently on the basis of race, color, gender, national origin, age, disability, pregnancy, gender identity, sex, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

Horizon BCBSNJ provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and information written in other languages.

Contacting Member Services

Please call Member Services at 1-800-355-BLUE (2583) (TTY/TDD 711) or the phone number on the back of your member ID card, if you need the free aids and services noted above and for all other Member Services issues, including:

- Claim, benefits or enrollment inquiries
- Lost/stolen ID cards
- Address changes
- Any other inquiry related to your benefits or health plan

Filing a Section 1557 Grievance

If you believe that Horizon BCBSNJ has failed to provide the free communication aids and services or discriminated on the basis of race, color, gender, national origin, age or disability you can file a discrimination complaint also known as a Section 1557 Grievance. Horizon BCBSNJ's Civil Rights Coordinator can be reached by calling the Member Services number on the back of your member ID card or by writing to the following address:

Horizon BCBSNJ – Civil Rights Coordinator PO Box 820 Newark, NJ 07101

If you are not a Horizon BCBSNJ member, you may contact Horizon BCBSNJ's Civil Rights Coordinator by calling 1-866-660-6528 (TTY/TDD 711) or by writing to Horizon BCBSNJ's Civil Rights Coordinator at the above-referenced address. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

Office for Civil Rights Headquarters U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019 or 1-800-537-7697 (TDD)

OCR Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

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