

SEPTEMBER

IS NATIONAL PREPAREDNESS MONTH

Since 2004, the Federal Emergency Management Agency and the Ready Campaign have promoted National Preparedness Month (NPM) every September. In honor of NPM, take some time to prepare your household for an emergency today:

1

Discuss your plan.

2

Build a kit.

- Water (1 gallon per person per day for at least three days, for drinking and sanitation)
- Food (at least a three-day supply of nonperishables)
- Battery-powered or hand-crank radio and NOAA Weather Radio
- First-aid kit, including medicines
- Flashlight
- Extra batteries
- Whistle
- Moist towelettes, garbage bags, and plastic ties
- Manual can opener (for food)
- Cellphone with chargers and a backup battery

3

Consider specific needs in your household

4

Complete a household emergency plan and practice with your family.

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